

LAPORAN PENELITIAN

IDENTIFIKASI DAN PEMETAAN GAYA BELAJAR MAHASISWA PRODI PJKR-POR FAKULTAS ILMU KEOLAHRAGAAN UNIVERSITAS NEGERI YOGYAKARTA

Oleh:

JOKO PURWANTO

Abstrak

Gaya belajar adalah cara yang konsisten yang dilakukan seseorang dalam menangkap stimulus atau informasi, cara mengingat, berpikir, dan memecahkan permasalahan. Tidak semua orang mengikuti cara yang sama, masing-masing menunjukkan perbedaan. Untuk mempertinggi efektivitas proses belajar-mengajar perlu diadakan penelitian yang mendalam tentang gaya belajar mahasiswa. Penelitian ini bertujuan untuk mengidentifikasi dan memetakan gaya belajar mahasiswa Program Studi Pendidikan Jasmani Kesehatan dan Rekreasi, Jurusan Pendidikan Olahraga, Fakultas Ilmu Keolahragaan, Universitas Negeri Yogyakarta.

Penelitian ini adalah penelitian dekriptif analitis dengan teknik survai. Subjek dalam penelitian ini adalah mahasiswa Program Studi PJKR-POR, Fakultas Ilmu Keolahragaan Universitas Negeri Yogyakarta yang berjumlah 235 mahasiswa. Instrumen penelitian berupa opinier atau skala sikap untuk mengidentifikasi gaya belajar dari DePorter. Data penelitian dianalisis dengan analisis frekuensi, ragam analisis statistiknya berupa distribusi frekuensi dan persentase.

Hasil penelitian menunjukkan lebih dari separuh (56,84%) mahasiswa memiliki gaya belajar visual, 12,63% memiliki gaya belajar auditorial, dan 30,53% memiliki gaya belajar kinestetik. Sebagian kecil mahasiswa tidak hanya cenderung pada satu modalitas, mereka memiliki tipe gaya belajar gabungan atau kombinasi dari ketiganya, yaitu visual-auditorial 12 orang, visual-kinestetik 25 orang, auditorial-kinestetik 7 orang, dan visual-auditorial-kinestetik 1 orang.

A RESEARCH REPORT

THE IDENTIFICATION AND MAPPING OF LEARNING STYLES OF THE STUDENTS OF PHYSICAL HEALTH AND RECREATION EDUCATION STUDY PROGRAM, FACULTY OF SPORT SCIENCE, YOGYAKARTA STATE UNIVERSITY

By:

JOKO PURWANTO

Abstract

The learning style is the consistent way of acquiring stimuli and information, the way to remember, to think, and to solve problems. People have different learning styles. There should be research on students' learning style to improve the effectiveness of teaching and learning processes. This research study is aimed at identifying and mapping the learning styles of the students of Physical Health and Recreation Education Study Program, Faculty of Sport Science, Yogyakarta State University.

This research used descriptive analysis with the survey technique. The subjects of this research study were 235 students of Physical Health and Recreation Education Study Program, faculty of Sport Science, Yogyakarta State University. The research instrument used in this study was in the form of **opinion** or behavior scales to identify the learning styles developed by DePorter. The data were analyzed using frequency analysis; the variance of the statistical analysis was in the form of frequency distribution and percentage.

The results of this study show that more than a half of the students (56.84%) possessed the visual learning style, 12.63% of the students possessed the auditory learning style, and 30.53% of the students possessed the kinetic learning style. A few students tended to have not only one modality; they had combined learning styles consisted of 12 students were visual-auditory, 25 students were visual – kinetic, 7 students were auditory – kinetics, and 1 student was visual – auditory – kinetics.